

E.A.T.T. Early Adult Transition Task-Force

Sponsored By: Michigan Department of Health,
Children's Special Health Care Services.

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Welcome to another edition of the Early Adult Transition Task-Force (EATT) newsletter. For those of you that might not know, the newsletter is for young adults with special health care needs and their families. The idea came from young adults who were getting older and felt that there wasn't enough information out there that helped prepare them for making the switch from services for kids to services for adults.

Michigan Budget Update:

As many of you may know the State of Michigan is currently experiencing difficult times. Because of the on-going budget problems the EATT had to cancel its annual meeting that was scheduled for May 12th 2007. The EATT meeting was cancelled but we still are hoping to re-schedule it. This current fiscal year the State was able to balance the budget without making major cuts to needed state services and programs. Next fiscal year (starting October 1, 2007) you will continue hearing about money problems and possible spending cuts to programs. Children's Special Health Care Services and the Early Adult Transition Task-Force will do everything we can to make sure that we can continue with newsletters. It is also a priority to provide the opportunity to you to have your voice be heard through the activities of the Early Adult Transition Task-Force.

Got a question?



The Early Adult Transition Task-Force now has a new e-mail address. If you have questions about health insurance, finding providers, or anything else just e-mail us. The address is:

DCH-EATT@michigan.gov

Help Us Save \$\$: Sign up to receive this newsletter electronically. Simply send an e-mail to DCH-EATT@michigan.gov with your name and e-mail address.



Don't forget about the blog...

Remember to check out the EATT Blog at <http://dch-eatt.blogspot.com>

You can ask questions or post your comments by clicking on the comment link at the bottom of each post.



Planning Ahead

It is important to make sure you are prepared for taking more responsibility in your care as an adult. Take a look at some of these situations that are listed on the worksheet below. How would you handle these situations?

TRANSITION ROLE PLAYS

Situation #1:

You are at home alone in the afternoon and having major pain. This is an emergency. What do you do?

Situation #2:

You need to get to your doctor's appointment. You don't have a car and you are feeling too weak to take public transportation. How do you get there?

Situation #3:

You are meeting a new doctor for the first time alone, without your family. The doctor asks you to tell him/her about yourself, your chronic illness, your medical history, and the current medications you are taking. Let's switch roles. What does the doctor ask? Now, how do you respond?

Situation #4:

You are having some symptoms that could be related to your chronic illness, although you are not sure. What do you do next?

Situation #5:

You just met with your doctor. You are unclear about something that was discussed during your visit and this is upsetting you. What should you do?

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